



CENTRAL PHOENIX 2-DAY TRIP



In Arizona, the past meets the present in unexpected ways. Historic influences can be seen in our resorts, culinary experiences, arts community and budding music scene. It's a rich cultural environment that began thousands of years ago with the ancient Hohokam people, and continues today with influences that include 22 American Indian tribes, plus thriving Mexican and Chinese communities.

Arizona's foodies are also passionate about homegrown eating and inspired cuisine. You'll find everything from savory Southwestern fare and taco trucks to farm-to-table restaurants and hip hotspots. Best of all? Casual dress and a relaxed atmosphere are the norm for nearly every restaurant, performance or event, so leave the formal wear at home. On this trip, come explore the past and present in Phoenix, Scottsdale and Tempe — the hubs of Arizona culture.



1 DAY ONE — PHOENIX

1:00 P.M. Start your trip on a high note: The Musical Instrument Museum (MIM)

Listen up: This one-of-a-kind museum in north Phoenix displays more than 6,500 instruments collected from around 200 of the world's countries and territories. Be the conductor of your own tour by putting on a free wireless headset that allows you to hear music and see the instruments being played on high-resolution flat screens. MIM has been recognized by TripAdvisor® as one of the top 20 museums in the U.S. The MIM Music Theater also offers hundreds of year-round concerts performed by visiting artists.

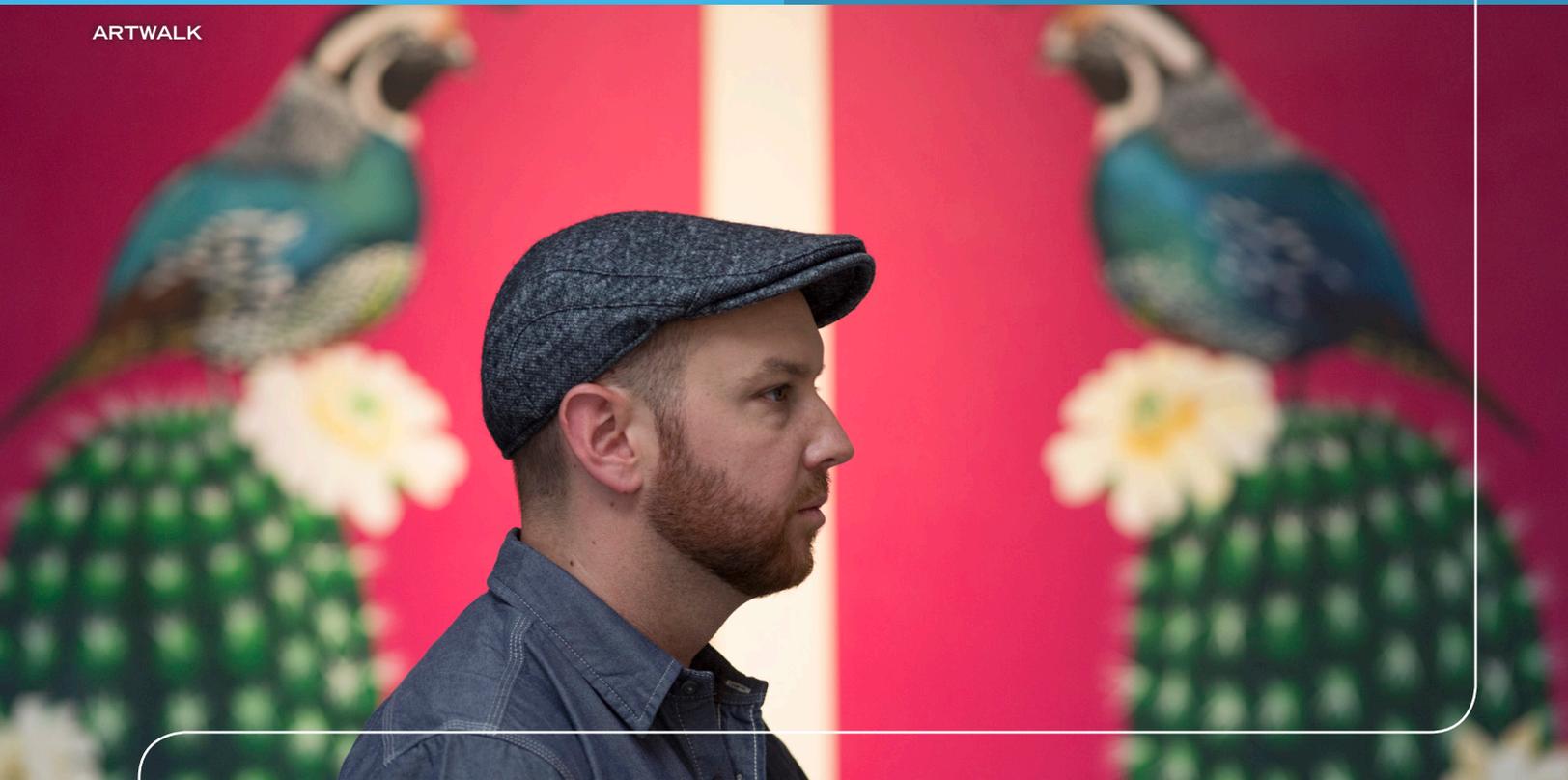
<http://mim.org/about/about-mim/>



4:00 P.M. Put a little South in your mouth: Okra Cookhouse & Cocktails in Phoenix

You'll eat your hearts out over authentic Southern-style eats with an Italian twist ... think Catfish al Forno and Southern Fried Chicken served three ways: Buttermilk-brined, Tennessee hot or Umbrian style. But first, be sure to whet your appetite at the libation station during happy hour with Okra's expansive collection of wines, craft beers and cocktails, all made by the restaurant's co-owner, a certified sommelier and award-winning mixologist. <http://www.okraaz.com/>





6:00 P.M. Be an “ARTicipant”: The Third Friday Artwalk

Head down to Roosevelt Row between 7th Street & Central Avenue for a walkable tour of Downtown Phoenix art galleries and venues. Held the first and third Fridays of every month (we bet you already knew that), you can enjoy the spirit and culture of the downtown scene as you mingle with residents and visitors. Check out spots like “9 The Gallery,” featuring contemporary fine art and artists, as well as music, poetry and dance. “The Lodge,” with paintings, drawings and sculpture. Or “Chartreuse,” featuring Vietnamese artist Thuong Nguyen’s body of work, drawn from Asian black ink brush painting and inspired by the beauty of desert wilderness.

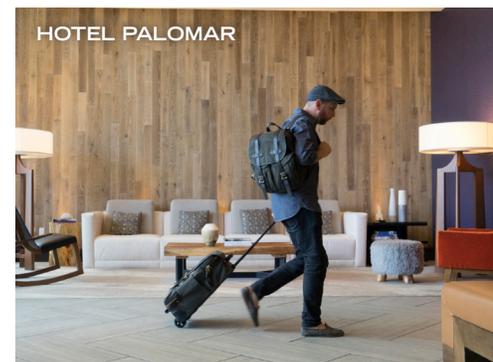
Roosevelt Row is accessible from the Valley Metro Light Rail, and the Third Friday Artwalk offers trolley stops. Maps are available at Phoenix Art Museum.

<http://artlinkphoenix.com/articipants/happening-now/>

9:00 P.M. Sleep in a unique boutique: The Hotel Palomar

Located in downtown Phoenix’s CityScape, the Hotel Palomar offers a great escape with a contemporary and cosmopolitan vibe. Here, the livin’ is luxurious with a rooftop pool overlooking the city, live entertainment in the rooftop bar, bikes for borrow to cruise around town and deluxe, spacious guest rooms. Getting some shuteye has never been so sophisticated.

<http://www.hotelpalomar-phoenix.com/>



2 DAY TWO — PHOENIX/SCOTTSDALE

8:00 A.M. Wake up and get fresh: The Phoenix Public Market

Saturday mornings are the perfect time to stroll this popular open-air market, located at Central Avenue and McKinley Street in Downtown Phoenix. You’ll find goodies galore—fresh, locally sourced produce and honey, plants and herbs, prepared artisan foods, handmade soap and jewelry, and more. Walked up an appetite? The Phoenix Market Café is a casual urban hangout offering scrumptious breakfast, lunch and dinner daily. Cuisine is crafted with seasonal ingredients, many sourced directly from the adjacent farmer’s market.

<http://phxpublicmarket.com/openair/>



11:00 A.M.

You can ring my bell: Cosanti in Paradise Valley

Take a self-guided tour of Cosanti, the futuristic residence and sculpture studios of architect Paolo Soleri and his staff. Soleri and his students began work on the experimental buildings in the mid 1950s. Today, this designated Arizona Historic Site features a unique bio-climatic architectural environment with imaginative design elements and innovative construction techniques. Cosanti's bronze foundries and ceramic studios produce world-renowned Soleri Windbells, the proceeds of which help fund Soleri's projects.

<https://arcosanti.org/>



1:00 P.M.

Where coffee meets community: Cartel Coffee Lab in Tempe

Ready to recharge? Coffee snobs rejoice. Cartel Coffee imports some of the world's most intriguing coffees, roasts them delicately, brews them with precision and serves them with a smile. At this community-focused hangout, company is welcome—and loitering is totally allowed. If you're into coffee craftsmanship, Cartel is just your grind of place.

<http://www.cartelcoffeelab.com/#because-coffee>



3:00 P.M.

What everybody's talking about: Talking Stick Resort in Scottsdale

Talk about more fun than you can shake a stick at! This luxurious Four-Diamond resort and casino offers a veritable playground of things to see and do. Start at the lobby cultural center and view a priceless collection of Pima and Maricopa American Indian art. Then watch a live hoop dance performance, play a round of golf, soak up some sun poolside, soothe away the day at the spa and enjoy delicious dining at your choice of six restaurants. When the sun goes down, the tempo picks up with numerous live entertainment venues, and a winning combination of games—from slots to poker to table games—at Arizona's hottest casino.

<http://www.talkingstickresort.com/>



VisitArizona.com
AZExpedition.com and [#AZExpedition](https://twitter.com/AZExpedition)